NEW DEVELOPMENTS IN THE REGULATION OF HERBALS AND FOOD ADDITIVES

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Counterfeit Medicinal Products (Drugs), Dietary Foods and Food Additives are dangerous to the customer's health. On the one hand often by missing the "positive benefit", on the other hand sometimes by toxic effects and, in the worst case, they could cause death. Counterfeit Drugs are defined in the Regulation 2011/62/EC. Very often they contain no, wrong, or substandard active ingredients or are wrong-labeled. In our sense, we also regard e.g. Food Additives/Novel Foods with non-proven health claims as counterfeits. A recent development in the field of Herbal Medicine and Food Additives is to counterfeit these products by adding prescription-only (Rx) active or other chemical defined ingredients which are not labeled on the packaging. As a result, customers who consume these products, thinking that they contain herbal ingredients only, are taking Rx substances without awareness about the risk of side effects. The main path of distribution for such falsifications is via the internet, mostly not via public pharmacies or other legal distribution ways. Some examples:

| Product | Product Status | Claim | Ingredient (s) |
|-------------------------------|----------------|--------------------------------|---|
| Power tabs | Food Additive | Pure Herbal (Erection) | Sulfoaidenafil |
| Staminex | Food Additive | Pure Herbal (Erection) | Hydroxyhomosildenafil |
| Vinlex Man | Food Additive | Pure Herba! (Erection) | Sulfohydroxyhomosildenafil |
| Meizitang | Food Additive | Pure Herbal (Weight Reduction) | Sibutramin Phenolphthalein |
| Fortodol | Food Additive | Pure Herbal (Pain) | Nimsulide |
| Paiyouji | Herbal | Pure Herbal (Weight Reduction) | Phenolphthalein Sibutramin |
| Powertabs | Food Additive | Pure Herba! (Erection) | Thiodimethylsildenafil Butyltadalafil |
| Rize 2 the Occasion | Food Additive | Pure Herbal (Erection) | Thiodimethylsildenafil |
| Cardiotium | Herba! | Pure Herbal (Heart Disease) | Losartan and Atorvastan |
| Instant Slim | Herbal | Pure Herbal (Weight Reduction) | Sibutramin |
| Sport Burner | Herbal | Pure Herbal (Weight Reduction) | Sibutramin |
| Zhonq Hua Niu Bian | Herbal | Pure Herbal (Erection) | Ghbenclamid |
| Power tabs iErect | Food Additive | Pure Herbal (Erection) | Thioatidenafjl Dithiodesmethyl-carbodenafil |
| Start up for him | Food Additive | Pure Herbal (Erection) | Tadanafil |
| Tea polyphenol | Food Additive | Pure Herbal (Weight Reduction) | Sibutramin |
| Paiyouji Pay You Guo Capsules | Herbal | Pure Herbal (Weight Reduction) | Phenolphthalein Sibutramin |
| Ultra Effect | Food Additive | Pure Herba! (Weight Reduction) | Sibutramin Rimonabant |
| Spice | Herbal | Incense cone | Synthetic Canabinoids |
| SensaMen | Food Additive | Pure Herbal (Erection) | Dimethylsildenafil Dimethylthiosildenafil |
| Ceedra, PerfeX-men | Food Additive | Pure Herbal (Erection) | Hydroxyacetildenafil |
| Libido Forte | Food Additive | Pure Herba! (Erection) | Hydroxyhomosildenafil |
| Libido Extention | Food Additive | Pure Herbal (Erection) | Methiososildenafit |
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We will present some results of our research on this topic, report the experience with (German) measurements fighting counterfeit Herbals and Food Additives and will give an idea about the efforts by the EU via the new «Pharmaceutical Package».