

## EFFECT OF COLLECTION “NOVOBET” ON METABOLIC PROCESSES AT EXPERIMENTAL DIABETES

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Antidiabetic collection of “Novobet” has created in frame of the treatment systems of Avicenna on the basis of safe medical plants such as roots and rhizomes of *Geranium collina* (*Geranium collinum* Steph.), Licorice bare (*Glycyrrhiza glabra* L.) and fruits of sumac tanning (*Rhus coriaria* L.), taken in pharmacologically compatible proportions.

**The purpose of** this work was the study of metabolic correcting action of the broth (1:10) “Novobet” in comparison to the collection “Arfazetin.”

**Material and Methods of the Study.** The experiments were conducted over 80 rabbits of both sex with average weighing 1.8–2.5 kg that were distributed into 4 series of: 1 — intact, 2 — control (not treated) rabbits, which after 18 — hour of starvation once e/r was injected alloxangidrat with the calculation of 80 mg/kg of the mass of 3 — experimental rabbits, which for 30 min. to injection were injected alloxangidrat and, later, within 30 days daily a/f were injected broth (1:10) “Novobet” with the calculation of 5 ml/kg of the weight, 4 — experimental animals, which were injected broth (1:10) “Arfazetin” with the calculation of 5 ml/kg of the mass. The level of sugar, cholesterol, lipids and MDA of Blood are determined on common methodology.

**Results and their discussion.** The percent of survival of the animals with diabetes treated within one month by the broth of “Novobet” was 60%. The level of sugar in blood of experimental rabbits treated with broth of “Novobet” in comparison with the untreated series for

7, 15 and 30<sup>th</sup> days of treatment decreased respectively 151, 188, 131%. The level of general lipids in the composition of blood decreased by 44.5% against 96.9% in not untreated series. The level of cholesterol decreased to 32.2% (in control 217.7%). The contents triglycerides decreased to 42.2% against 110% in not untreated series. The level of HDL of serum blood increased by 61.5% in comparison with control series. The level of MDA t serum blood rabbits in the results of conducted course of treatment by “Novobet” decreased to 35.9% in comparison with not untreated series.

“Arfazetin” defended animals from death with alloxangidrat diabetes only by 45.7%. The sugar lowering, lipid-lowering and antioxidant effects of “Arfazetin” were weaker in average from 11 to 41% than in identical dose of “Novobet.”

**Conclusion.** The manifestation of active hypoglycemic, hypolipidemic and antioxidant actions of “Novobet” is connected with rich content of polyphenols, flavonoids, macro- and microelements, and a number of other BAS included in the composition of collection of medicinal plants.

**Conclusions.** “Novobet” shows active hypoglycemic, lipidlowering and antioxidant effects. The data obtained allow to recommend “Novobet” for therapy of prediabetes of different genesis of type 2 diabetes of light and average degrees severity and as a supporting remedy for therapy of vascular complications type 1 and type 2 diabetes.

## THE SAFETY QUESTIONS OF APPLICATION OF MEDICINAL PLANTS

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Absence of international unification experimental and clinical information, which are characterising the toxic effect of biological active substance, leads to application of prohibited medicinal plants (*Aristolochia*, *Piper methysticum*, *Sassafras* и etc.) in some countries in consequence of difficult side effects. Especially important is evaluation of safety of medicinal plants which causes life threatening side effects or if carcinogenic, hepatotoxic effects experimentally established. *Acorus calamus*, *Aristolochia franchi*, *Tussilago farfara*, *Symphytum officinale*, *Centella asiatica* — are medicinal plants with potential carcinogenic effect. However, risk

assessment criteria for these plants are not developed. Maximal allowable concentrations is established only for some toxic substances. The introduction of maximal allowable concentrations is an important action in prevention of potential toxic effects of selected medicinal plants. For safety evaluating of medicinal plants is necessary to take into consideration the development of delayed side effects, which are developed during some weeks or months. Such side effects are characteristic of medicinal plants, with hormonal activity, menstrual cycle or blood coagulation system. The commission E (Germany) has considered data for 299 medicinal plants: