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Journal Article



# Infectious complications in pediatric traumatology and orthopedics (analysis of clinical series)

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## ABSTRACT

**BACKGROUND:** Infectious complications in pediatric traumatology and orthopedics are relatively rare. Publications on this issue are less common than in the adult population. However, the resulting complications often lead to a persistent anatomical and functional defect, bearing the economic burden and legal consequences.

**AIM:** To analyze a clinical series of pediatric patients with infectious complications of injuries and surgical interventions in the skeletal system.

**MATERIALS AND METHODS:** A retrospective analysis of the clinical series of patients over 5 years was conducted. The study involved children aged <18 years. A sample of 34 children was included. The average age was 13.5 (min–max, 4–17 years). Patients with infectious and inflammatory complications after mechanical and/or surgical trauma, availability of a complete data archive (anamnesis, radiation therapy, and medical documentation), traced relief of inflammatory phenomena, and achievement of remission of the chronic process for more than 6 months were included.

**RESULTS:** Infectious complications of injuries were noted in 26 (76%) patients, complications of orthopedic interventions in 8 (24%), and open injuries in 9 (34%). The injuries were isolated in 11 (42%) children, multiple trauma in 5 (19%), and combined in 10 (39%) patients. Defects of large skeletal segments were common: the thigh in 8 (24%) patients, humerus in 5 (15%), shin in 5 (15%), and spine in 4 (12%). Five (15%) had infection of the pelvic bones, and one patient had infectious complications in the lower jaw, collarbone, elbow joint, knee joint arthritis, and foot bones. Superficial infection of the surgical intervention area was noted in 3 cases (9%), deep infection in 27 (79%), and posttraumatic osteomyelitis in 4 (12%). The average duration of the diagnostic pause was 33 days, and the therapeutic pause was 36 days. Antibacterial prophylaxis before surgery for closed injuries and orthopedic operations was carried out in only 17 patients. Bacteriological verification was not performed in 8 (23.5%) patients with complications. In 9 (26%) patients, it was not possible to identify a microbial agent in the presence of a clinical picture. The structure of pathogens correlates with the literature data on the problem in the adult population. In 10 out of 25 positive bacteriological studies, polyresistant strains were isolated. Thirty-three children underwent surgery, and the basic principle is radical surgical rehabilitation. The average number of interventions performed was 3 (min–max, 1–12). Stable relief of the infectious and inflammatory process has been achieved in all cases. The average period of inpatient treatment was 39 days, recovery was achieved in 24 (71%) children, and persistent anatomical and functional defect and disability were noted in 10 (29%) children.

**CONCLUSIONS:** Infectious complications in pediatric traumatology should be considered a complex multidisciplinary problem, and part of the solutions largely lies in the field of healthcare organization, specifically with an adequate choice of indications, compliance with the osteosynthesis technique, compliance with the principles of antibiotic prophylaxis, patient routine, and training of pediatric surgeons and orthopedic traumatologists on surgical infections, using modern principles and technologies for the treatment of these complications.

**Keywords:** osteomyelitis; osteosynthesis; infection of the surgical intervention area; surgical infection; fracture; wounds; anatomical defect.

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Научная статья

# Инфекционные осложнения в детской травматологии и ортопедии (анализ клинической серии)

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## АННОТАЦИЯ

**Обоснование.** Инфекционные осложнения в детской травматологии и ортопедии встречаются относительно редко. Публикации по проблеме единичны, по сравнению со взрослой популяцией. Вместе с тем возникающие осложнения нередко приводят к стойкому анатомо-функциональному дефекту.

**Цель** — анализ клинической серии детей с инфекционными осложнениями травм и хирургических вмешательств в области опорно-двигательного аппарата.

**Материалы и методы.** Выполнен ретроспективный анализ клинической серии пациентов до 18 лет за пятилетний период. Выборка — 34 ребенка. Средний возраст — 13,5 года. Критерии включения: пациенты с инфекционно-воспалительными осложнениями после механической и/или хирургической травмы, наличие полноценного архива данных, срок наблюдения до купирования воспалительных явлений и в последующие минимум 6 мес. без рецидива.

**Результаты.** Инфекционные осложнения травм — 26 (76 %) случаев, ортопедических вмешательств — 8 (24 %) случаев. Открытые повреждения — 9 (34 %). Структура травм: изолированная — 11 (42 %), множественная — 5 (19 %), сочетанная — 10 (39 %). Преобладали поражения крупных сегментов скелета: бедро — 8 (24 %), плечевая кость — 5 (15 %), голень — 5 (15 %), позвоночник — 4 (12 %), таз — 5 (15 %), по одному наблюдению: нижняя челюсть, ключица, локтевой сустав, коленный сустав, кости стопы. Средняя диагностическая пауза составила — 33 дня, терапевтическая — 36. Антибактериальная профилактика до хирургического вмешательства проведена 17 пациентам. В 8 (23,5 %) случаях при развитии осложнений бактериологическая верификация не выполнялась. В 10 из 25 положительных бактериологических исследований выделены полирезистентные штаммы. Оперированы 33 ребенка, основной принцип — радикальная хирургическая санация. Среднее количество вмешательств — 3 (от 1 до 12). Во всех случаях достигнуто купирование процесса. Средний срок стационарного лечения — 39 дней, выздоровели 24 (71 %) ребенка, стойкий анатомо-функциональный дефект и инвалидность отмечены у 10 (29 %) детей.

**Заключение.** Инфекционные осложнения в детской травматологии стоит рассматривать как сложную комплексную проблему, часть решений которой находится в сфере организации здравоохранения, в адекватной хирургической технике, антибиотикопрофилактике, маршрутизации, подготовке детских хирургов и травматологов-ортопедов по проблеме.

**Ключевые слова:** остеомиелит; остеосинтез; инфекция области хирургического вмешательства; хирургическая инфекция; перелом; раны; анатомический дефект.

## Как цитировать

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## BACKGROUND

According to the literature, the number of surgeries following surgical intervention, which is significantly partly associated with surgical complications, is becoming greater than the number of primary surgical interventions. The most severe complications are caused by an infectious–inflammatory process and the involvement of the bone tissue in the lesion. These complications are statistically more associated with severe trauma and highly invasive surgery of large anatomical segments and regions of the musculoskeletal system (hips, pelvic bones, spine, and lower limbs) [1]. Currently, infectious complications following surgical treatment in these regions often result in a legal clinical situation [2].

Infectious complications in traumatology and orthopedics is one of the most pressing problems nowadays. A search query of surgical site infection in PubMed yielded 67,404 results with more than two thousand publications annually over the past 10 years. In pediatric practice, attention to this problem is less significant, and it is covered much less in the scientific literature. Thus, the query surgical site infection (SSI) + children yielded 554 results (query date April 30, 2023). Moreover, the number of publications over the past 10 years has increased threefold. This is determined by the general trends in the growth of surgical activity with the use of implants and hardware in selective and emergency traumatology and orthopedics, including the pediatric population [3, 4]. Researchers raised similar questions related to antibiotic prophylaxis and antibiotic therapy, and the approach of managing patients with existing complications during invasive orthopedic surgery [5].

Early diagnostics, adequate interpretation of the clinical presentation, and implementation of appropriate modern treatment approach are essential for infectious complications in traumatology [6]. Late diagnostics and treatment delay prolongs the disease course and reduce the number of positive outcomes [7]. This prompted specialists to develop approach algorithms for infectious complications of injuries and interventions in the musculoskeletal system for the adult population. In the Russian literature, these issues in pediatric traumatology and orthopedics are not widely covered. Moreover, general trends in clinical practice indicate the real and potential relevance of the problem in pediatric traumatology and orthopedics, which determined the aims of this study.

**This study aimed** to analyze a clinical series of pediatric patients with infectious complications of injuries and surgical interventions in the musculoskeletal system.

## MATERIALS AND METHODS

In this retrospective clinical series, the retrospection depth was 5 years (2022–2017). Based on the following inclusion criteria, a clinical set of 34 patients was formed.

### *Inclusion criteria:*

- Children's age (up to 18 years).
  - Availability of a complete archive of data (history, radiation, and medical documentation).
  - Mechanical and/or surgical trauma to the musculoskeletal system.
  - Clinical, laboratory, and radiation signs of an infectious and inflammatory process.
  - Bacteriological examination of materials from the pathological zone.
  - Follow-up period until relief of the inflammatory phenomena and subsequent relapse-free period of >6 months.
- Patients' age and sex structure, anamnestic data describing the disease course, traumatic pathology, anatomical localization, nature of the infectious process, clinical manifestations, timing of diagnosis, bacteriological examination data, nature of treatment, and complication outcomes were analyzed.

Surgical treatment was performed taking into account the implementation of two basic principles:

1. Performing an intervention (independent or staged) aimed at the arrest of the infectious–inflammatory process and creating conditions for the reconstructive stage.
2. The reconstructive stage includes the elimination of the anatomical and functional defects and creation of conditions for restoring the function of the affected segment. To achieve positive outcomes, both tasks were performed sequentially in one surgical session or sequentially in two or more interventions with reconstruction as necessary in the “cold period.”

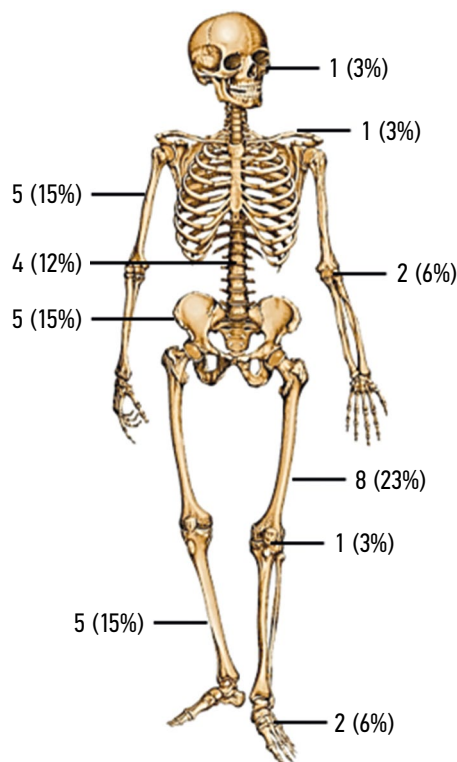
## RESULTS

The group analyzed consisted of 34 pediatric patients, predominantly male children ( $n = 20$ ). The average age was 13.5 (4–17) years. The average follow-up period was 2 years 10 months (6–60 months). All patients initially underwent surgery for trauma ( $n = 26$ , 76%) and orthopedic pathology ( $n = 8$ , 24%). The structure of interventions is presented in Table 1. Initially, before the development of infectious complications and transfer with the supervision of the authors, 17 (50%) patients received care in third-party institutions. The structure of injuries was dominated by high-energy injuries, namely, combined in 10 (39%) patients, multiple in 5 (19%), isolated in 11 (42%), and open injuries in 9 (34%). Among localizations, large segments predominated, including anatomical areas of the musculoskeletal system such as the spine and pelvis (Fig. 1). The majority of patients ( $n = 31$ , 91%) had a deep infectious process, including 21 (68%) with osteomyelitis. Five patients with osteomyelitis initially underwent surgery for orthopedic pathology. In accordance with the Cierny–Mader classification of the osteomyelitic process, type II was registered in 5 patients, type III

**Table 1.** Structure of primary interventions

Primary surgery (manipulation)	Trauma		Orthopedics		Total (n/rel.)
	SISS	DISS	SISS	DISS	
Extrafocal osteosynthesis	1	4	–	2	7 (20.6%)
Spinal stabilization	–	4	–	–	4 (11.8%)
Extracortical osteosynthesis	–	6	–	1	7 (20.6%)
Wire osteosynthesis	–	4	–	–	4 (11.8%)
Locked intramedullary osteosynthesis	–	3	–	–	3 (9%)
Arthroscopy, ACL reconstruction	–	–	–	1	1 (3%)
Subtalar arthrodesis	–	–	–	1	1 (3%)
Stump reconstruction	1	–	–	–	1 (3%)
Tumor resection, alloplasty	–	–	–	1	1 (3%)
Corrective osteotomy of the pelvis	–	–	–	2	2 (6%)
Closed reduction	–	2	–	–	2 (6%)
Opening a hematoma	1	–	–	–	1 (3%)

Note: ACL, anterior cruciate ligament; DISS, deep infection of the surgical site; SISS, superficial infection of the surgical site.

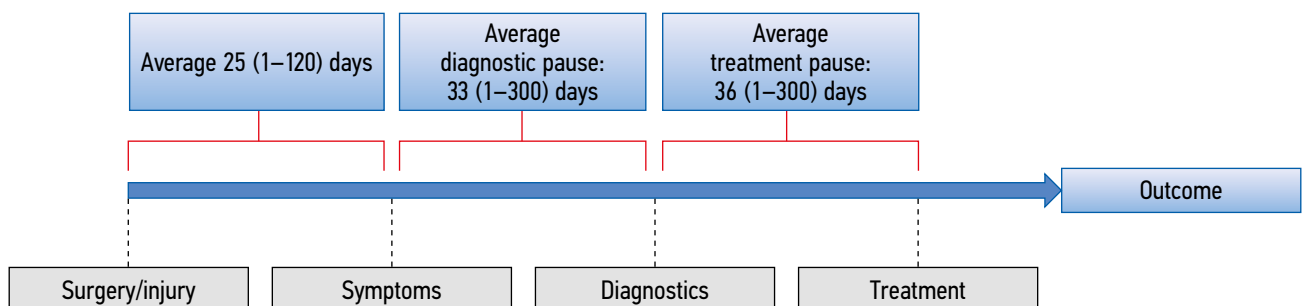
**Fig. 1.** Anatomical structure of the localization of infectious complications

in 10, and type IV in 6. Superficial infection was found in 3 (9%) patients.

Results of the data analysis establish that infectious complications appeared on day 26 on average, and the average diagnostic pause (period from disease manifestations to diagnosis formulation) and treatment pause (period from diagnosis formulation to the start of appropriate treatment) were 33 and 36 days, respectively (Fig. 2). The distribution of the main stages (based on chronological criteria) of the development of infectious complications and course of the pathological process, its verification, and implementation of appropriate therapeutic measures, reflecting the incidence, are presented in Fig. 3. Specifically, patients were admitted quite late for sanitary intervention, that is, 10 (29%) patients underwent surgery more than a month after the diagnosis of an infectious complication.

Table 2 presents indicators for the timing of the clinical onset of complications and diagnostic and therapeutic pauses for the most common locations. The shortest duration of these stages was noted in children who underwent surgery for pelvis and spine trauma.

Data analysis revealed that perioperative antibiotic prophylaxis or antibiotic therapy (for open injuries,  $n = 3$ ) was

**Fig. 2.** Scheme of the main chronological stages

performed only in 17 (52%) patients. Among the antibacterial drugs used in this group, cephalosporins (cefazolin, ceftriaxone, and cefurus) predominated, with 13 (76%) patients. In 8 (23.5%) patients (under the supervision of the authors) with a clinical presentation of an infectious–inflammatory complication, bacteriological examination was not performed, and empirical antibacterial therapy was prescribed empirically. In patients with chronic infections, a characteristic trend was the repeated administration of 4–5 drugs and the mandatory inclusion of lincomycin.

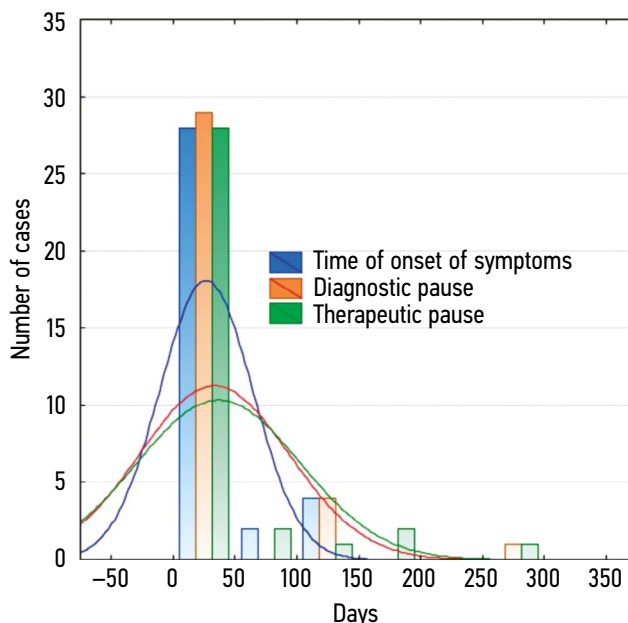
In general, in the clinical series, bacteriological examination revealed a positive result in 24 (70%) children, and in the remaining 10 patients with available clinical and laboratory data, growth of microorganisms was not detected. The predominant pathogens were *Staphylococcus aureus* and *Klebsiella pneumonia*, and in all cases, *K. pneumonia* was characterized by multiresistance to antibacterial drugs. Microbial associations were noted in 10 patients (Table 3).

Thirty-three pediatric patients received surgical treatment for infectious and inflammatory complications. One patient with a superficial infection of the surgical site was treated conservatively with dressings and etiotropic antibiotic therapy according to bacteriological examination data. In three pediatric patients, sanitation and reconstructive treatment was performed in one surgical session. Stable relief of the infectious–inflammatory process with restoration of segment function was achieved.

**Clinical case**

An 11-year-old patient, who had catatrauma, sustained a closed comminuted fracture of the distal metaepiphyses of the bones of both legs (AO type 43C2.1), with compartment syndrome and compression fracture of the L<sub>4</sub> vertebral body (type A1). She underwent surgery in a regional center, and external fixation devices (EFDs) were installed for both feet and fasciotomy on both lower legs. Within 2 weeks, focal soft tissue necrosis developed in the lower third of the inner surface of the right leg, and necrectomy, vacuum-assisted closure therapy, and dressings were performed. Over time, a fistula with purulent discharge had formed. One month later, the EFD was remounted, with open reduction, and extracortical osteosynthesis of fragments of the fibula was performed. Three months after the injury, the EFD was dismantled, and the patient received outpatient follow-up and treatment (dressings and repeated courses of antibacterial therapy) by a traumatologist at the primary healthcare facility; however, fistulation was persistent. One year after the injury, the patient was rehospitalized to a regional clinic for a diagnosis of chronic post-traumatic osteomyelitis of the distal metadiaphysis of the right tibia. Status localis included pain in the ankle joint, presence of a fistula, and X-ray signs of chronic osteomyelitis of the distal

Average duration of infection symptoms: 26.17 days  
Average diagnostic pause: 32.7 days  
Average therapeutic pause: 36 days



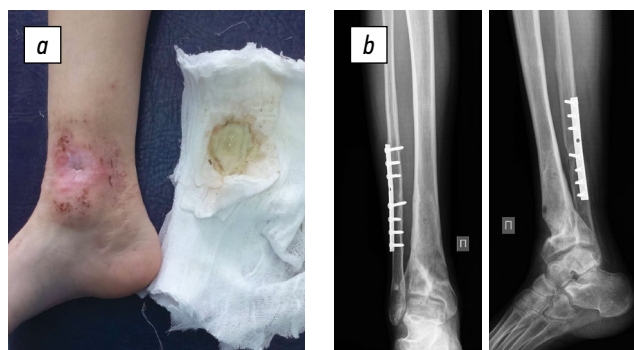
**Fig. 3.** Distribution of the main stages of the pathological process within a clinical series

**Table 2.** Average time (days) for the onset of the clinical manifestations of complications, diagnostics, and initiation of appropriate therapeutic measures depending on the anatomical location

Localization	Clinical manifestations	Diagnostic pause	Treatment pause
Pelvis	9.8 ± 3.3	5.6 ± 1.8	5.8 ± 2.9
Spine	10.5 ± 4.7	10 ± 8.3	14.7 ± 9.2
Shoulder	32.8 ± 22.3	8.2 ± 5.5	13.2 ± 8
Lower leg	45 ± 21.2	82.2 ± 23.2	79.8 ± 56.6
Hip	24.7 ± 13.6	30 ± 13.8	53.7 ± 23.2

**Table 3.** Structure of microorganisms according to bacteriological research

Pathogens	Number of cases in a clinical series	Resistant strains
<i>S. aureus</i>	11	1
<i>S. epidermidis</i>	1	–
<i>Kl. pneumonia</i>	7	7 (100%)
<i>E. coli</i>	4	2
<i>Acinetobacter baumannii</i>	3	–
<i>Ps. aeruginosa</i>	2	–
<i>Proteus mirabilis</i>	1	–
<i>Paracl. bofermentans</i>	1	–
Associations	6	–



**Fig. 4.** An 11-year-old female patient diagnosed with chronic post-traumatic osteomyelitis of the right tibia: *a*, appearance of the limb and the fistulous process; *b*, radiographs of the right ankle joint in two views

metadiaphysis of the tibia. According to the documentation, the patient underwent sequester necrectomy of the lower third of the right tibia. Two weeks after the surgery, clinical signs of inflammatory activity persisted (seropurulent discharge and fistula).

She was admitted to the clinic 1.5 years after the injury, with complaints of right ankle joint pain and the presence of a fistula. No information was available about bacteriological

testing in the accompanying documentation. The patient received repeated courses of antibiotics (ceftriaxone and lincomycin).

*Status localis.* The patient walks without aids and limps on the right limb. On the anterior inner surface of the leg in the lower third, a fistula of up to 5 mm in diameter was present, the skin around the fistula (up to 4 cm in diameter) was hyperemic and macerated, with cicatricial changes and scanty serous-purulent discharge (Fig. 4*a*). Palpation was moderately painful. Toe movement and sensitivity were preserved, and capillary response from the nail plates was brisk. The absolute length of the lower extremities was  $D < S$  per 1 cm. X-ray images of the right lower leg revealed a defect in the distal metaphysis of the tibia up to 1/2 the diameter, limited to a zone of sclerosis, proximal to the defect at the level of the metadiaphysis, a heterogeneous bone structure with small cysts, and undefined physal zone. The fibula fracture consolidation with metal extracortical osteosynthesis was satisfactory (Fig. 4*b*).

Bacteriological examination of the fistula discharge showed no growth.

Considering the course of chronic osteomyelitis, complicated by a fistulous process with trophic changes in soft



**Fig. 5.** Surgical wound (*a*): 1, zone of destruction; 2, wound defect after excision of the fistula; 3, dorsal foot flap on a vascularized graft. The wound defect after fistulectomy is closed with a vascularized graft (*b*), a donor wound (*c*), control radiograph of the ankle joint in two views, and bone autoplasty of the tibial defect is determined (*d*): 1, bone grafts

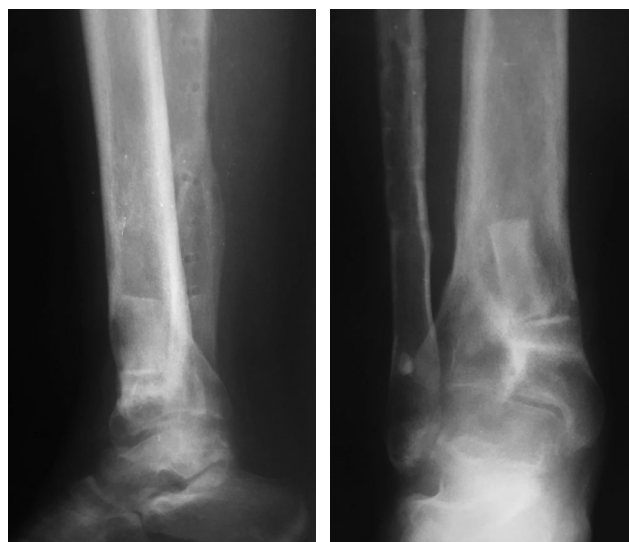
tissues, radical reconstructive intervention was decided, which included the removal of the hardware of the right fibula, fistulectomy of the lower third of the right tibia, osteonecrotomy of the distal metaphysis of the right tibia, bone autografting of the defect (iliac crest), plastic surgery of a wound defect using an islet dorsal foot graft with axial blood flow, and plastic surgery of the donor wound with a split skin graft (Fig. 5). Histological examination revealed chronic nonspecific inflammation with exacerbation, and bacteriological examination revealed *S. aureus*  $10^3$  with high sensitivity. The patient received a course of antibacterial therapy with cefazolin at an age-appropriate dose. In dynamics, the infectious and inflammatory process stopped. Control radiographs after 6 months showed the integration of bone grafts (Fig. 6). The support ability of the limb has been restored; when walking >1.5 km, she experienced pain (up to 3 points on the visual analog scale) in the ankle joint. The shortening did not increase during the follow-up period.

Persistent and recurrent SSIs in the instrumented and fixed area of the spine in two cases required hardware removal, despite repeated sanitizing procedures (3 and 5 in each case). In one case (persistent), after a decompressive and stabilizing intervention with spinopelvic fixation, the fixation system was removed, and a transition was made to percutaneous iliosacral fixation with screws. In the other case (recurrent SSIs), the fixation system was removed against the achieved spinal fusion without destabilizing the spinal segment. Implant removal ensured healing of the surgical wound in the usual time frame with stable relief of SSI.

In 18 (55%) patients, relief of the infectious process was achieved through a combination of surgical sanitation and negative pressure therapy. Two or more sanitizing procedures were performed. In the remaining 15 (45%) patients, a persistent positive effect was obtained after a single intervention. Three patients with osteomyelitic lesions of the femur, type IV according to Cierny–Mader, underwent segmental resection with extrafocal fixation and installation of a cement spacer with an antibiotic. After 4–5 months, the reconstructive stage was completed, and stable relief of the infectious and inflammatory process, consolidation of fragments, and restoration of limb support were noted in all cases.

The average number of interventions in the analyzed clinical series was 3.2 (1–12). No complications were observed. All patients with infection caused by multidrug-resistant flora underwent three or more interventions to stop the infectious–inflammatory process.

Antibacterial therapy was prescribed based on the principles of empirical treatment until obtaining microbiological results (broad-spectrum drugs covering Gram-positive and Gram-negative flora, cephalosporins + aminoglycoside)



**Fig. 6.** Control radiographs after 6 months and integration of bone grafts without signs of an infectious–destructive process

and etiotropic therapy taking into account sensitivity, with vancomycin/linezolid for resistant staphylococcal strains. The duration of antibiotic therapy ranged from 6 to 12 weeks (for chronic infection), and treatment was performed until the level of C-reactive protein and erythrocyte sedimentation rate normalized.

Recovery was achieved in 24 (71%) patients. A persistent anatomical and functional defect developed in 10 (29%) pediatric patients with disability. In all 10 patients, the treatment pause exceeded 3 months with chronicity of the process and extensive pathological changes in the affected bone and surrounding tissues. Persistent disabling outcomes included severe arthrosis and gross contractures of the joint in three pediatric patients, shortening of >20% of the segment length and its multiplanar deformity, pseudarthrosis in four patients, and a combination of these disorders in three patients.

Overall, in the clinical series, the mean duration of hospitalization was 41 (15–72) days.

## DISCUSSION

In the analysis of the presented clinical series, infectious complications of injuries and osteosynthesis, including selective surgery of the musculoskeletal system in children, are not an exceptional event. In this case, primary infection resulting from an open fracture is not the most common. Literature data indicate the prevalence of osteosynthesis of fractures and peri-implantation (periprosthetic) infection among infectious complications [8, 9]. Moreover, the results revealed that the anatomical structure of the SSI is wide and generally corresponds to adult patients, when infectious complications more often arise during pelvic, spine, and hip surgeries.

Based on the obtained data, the interrelated problem of bacteriological verification and management approach appear relevant, where two aspects can be distinguished. The first aspect is associated with the lack of bacteriological diagnostics and monitoring of the infectious process by specialists supervising the child, combined with multiple courses of unnecessary antibacterial therapy, refusal of surgical treatment, and delayed routing of the patient to a specialized department (institution) for a persistent infectious–inflammatory process. Moreover, approach decisions and algorithms for the suspicion and onset of SSI are sufficiently covered in recent publications [10]. The second aspect is associated with clinical and laboratory dissociation, in which all manifestations of the infectious and inflammatory process are noted with a negative bacteriological result. Such clinical and laboratory dissociations may be caused by violations of the research methodology at different stages and course of the biofilm infection [11, 12]. Verification of biofilm infection requires molecular genetic diagnostic techniques alternative to the “gold standard” bacteriological research [12, 13]. The results of bacteriological research obtained in the analyzed clinical series indicate a high representation of resistant bacterial strains and microbial associations, which corresponds to modern trends in relation to the spectrum and characteristics of infectious pathogens [14, 15].

The prolonged diagnostics of complications, delay in the appropriate combined treatment, which in some cases exceeded 6 months, and progression of infectious destruction against the osteomyelitic process, are noteworthy. According to some studies, this is the main negative component of poor outcomes in the treatment of infectious complications of osteosynthesis [16].

Despite the high reparative abilities of the child’s body, infectious and inflammatory complications require resource-intensive and long-lasting treatment, and the average duration reaches 1.5 months and ends with a persistent anatomical and functional defect in a third of patients.

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## CONCLUSION

The analysis of the presented clinical series has several design limitations given the small sample and its heterogeneity. Moreover, it was possible to show the relevance of infectious complications in pediatric traumatology and orthopedics, which corresponds to general “adult” trends, and identify some patterns. Specifically, prolonged diagnostic and treatment pauses were noted, possibly due to insufficient coverage of the problem in the professional environment of specialists who provide assistance to pediatric patients with musculoskeletal injuries and pathologies. The collection, accumulation, and analysis of statistical data on infectious complications in pediatric traumatology and orthopedics, development of principles for routing these patients in the Russian Federation, and discussion of the problem in the context of educational activities (residency, educational seminars, and supplementary education) in pediatric traumatology, orthopedics, and surgery in specialized centers are considered important.

## ADDITIONAL INFORMATION

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**Author contributions.** V.I. Zorin conceptualized the design of the study, processed the data, and wrote and edited the article. M.E. Zuev selected and processed the data and wrote the article.

All authors made significant contributions to the study and preparation of the article, and they read and approved the final version before its publication.

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